

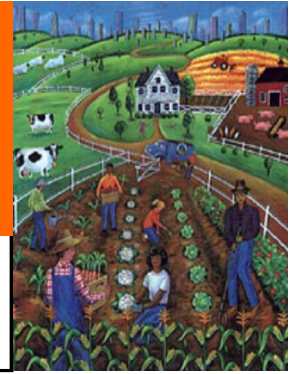
# Community Food Self Reliance

Workshop and Presentation

June/July 2009

Presenter: Robina McCurdy from Aotearoa/NZ

You can be 100% food self reliant at a bioregional & local level - imagine never having to wheel a supermarket trolley again! Want to know more...



## PRESENTATION & WORKSHOP

To achieve the goal of community scale food interdependence, Robina applies her methods of building community and deepening relationship with the natural world, to successful models of localised food production in Aotearoa/NZ and in other parts of the world.

The key factors in her comprehensive approach are:

- resilient food producing communities - with fun ways of motivating and organizing whole families to get involved!
- a multi-tiered Permaculture design strategy (backyard, neighbourhood, local, regional);
- extensive and efficient use of local resources, including replenishing wild harvest areas;
- an interactive local seasonal calendar for land management, food production, harvest and distribution, linked with social-cultural events;
- Practical education and personal empowerment happening hand-in-hand with growing food;
- enriched regional food economies - increasing local and household wealth through growing surplus and value adding.

## PRESENTATION

Robina will address each of these cornerstones in her evening slideshow presentation, with a mind-map of how they all connect and work together.

## WORKSHOP

An interactive and in-depth sharing and practicing of some of the tools and strategies overviewed in the evening presentation, with application to the local bio-region. The intended outcome is for participants to leave with a sound integrated strategy for community scale food self reliance, with immediate action steps towards achieving this individually and collectively, starting at their own back door and within their own neighborhood.

**Presentations: 7 - 9pm**

**EUMUNDI, Monday 29 June**

School of Arts Hall (Indee Theatre),  
Memorial Drive.

**MULLUMBIMBY, Tuesday 30 June**

Anglican Church Hall, 38 Stuart St.

**BYRON BAY, Thursday 2 July**

'The Verandah Room', Byron Centre,  
69 Jonson St.

**MALENY, Thursday 16th July**

Freemasons Hall, Tamarind St.

*Entry: \$7/\$10. No registration necessary.*

## WORKSHOP: 11 & 12 JULY

**Venue: 'The Heart Space',**

Santos Natural Food Store,  
Cnr Burringbar & Stuart St,  
Mullumbimby, Nth NSW

**Saturday 11th: 1pm – 9.30pm**

(pot-luck dinner 6-7 pm),

**Sunday 12th: 10am – 5pm**

**Cost: \$100—150 whole weekend**

\$45/\$55 for Sat afternoon, \$10/\$20 for

Sat eve, \$55/75 for full Sat

\$60/80 for Sun

Registrations closes Friday 3rd July.

**Registration & Enquires: Bachhi,**

**Ph: 02 6607 9306**

**Email: lovenlaughter@moose-mail.com**

Forward a deposit of \$30 to:

Bachhi, PO Box 885,  
Mullumbimby, NSW 2482.

Please bring a pot luck dish to share for  
Saturday evening and Sunday lunchtime.

**Biography:** Robina McCurdy is a co-founder, resident and trustee of Tui Community in New Zealand and trustee/founder of the Institute for Earthcare Education Aotearoa. For three decades, Robina has been engaged in broad scale community development, and for the last 18 years in Permaculture design and teaching, organic growing, the development of environmental education resources and creation of participatory processes for decision making and collective action. She has taught and applied these powerful community building methods with households, neighborhoods, schools, farms, eco-villages and bioregions in Aotearoa/New Zealand, Australia, South Africa, Ireland, Brazil and USA.